



Missouri Mental Health Counselors Association

2023 Annual Conference

Healing from Within

Thursday, October 19, 2023

	Lodge Lobby	The Hearth Room
5:00pm-6:00pm	Registration	
6:00pm-6:30pm		Cash Bar and Networking
6:30pm-9:00pm		Conference Welcome Reception/Trivia

Friday, October 20, 2023

7:30am-8:00am	Lodge Lobby	Pre-Function Grand Ballroom	Registration		
8:00am-9:45am	Registration	Exhibits	The Hearth Room		
			Keynote Speaker: Cherisse Thibaut, MSW, LCSW <i>Beyond Self Care: Thriving While Being Exposed to Trauma</i>		
9:45am-10:00am	Refreshments and Snacks Exhibit Tables Open				
10:00am-11:45pm	Registration	Exhibits	The Hearth Room	Grand Ballroom A	Grand Ballroom B
			Cherisse Thibaut, MSW, LCSW <i>Secondary Trauma Informed Supervision Skills</i>	Alyssa Loman, LPC, LCPC, ADHD-CCSP <i>Understanding and Improving Executive Functioning Skills</i>	Eileen Spinner, LPC <i>Practice the Pause</i>



American Foundation for Suicide Prevention

Missouri



centurion. Healthcare beyond patient care, healthcare for humanity.

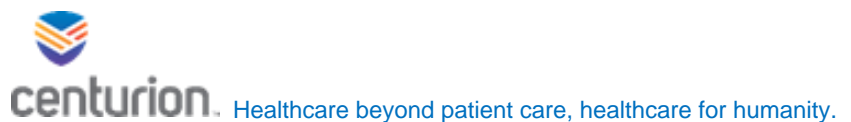


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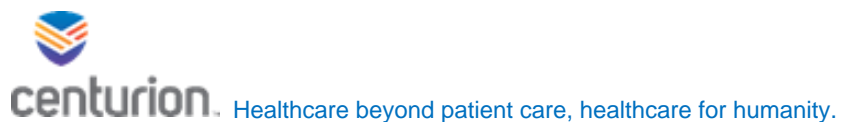
<p>12:00pm-1:15pm</p>	<p>Lunch on your own Exhibit Tables open</p>			<p>Student Luncheon/Creek View Conference Room</p>	
	<p>Lodge Lobby</p>	<p>Pre-Function Grand Ballroom</p>	<p>The Hearth Room</p>	<p>Grand Ballroom A</p>	<p>Grand Ballroom B</p>
<p>1:30pm-3:15pm</p>	<p>Registration</p>	<p>Exhibits</p>	<p>Angela Skurtu, LMFT, ACST <i>Ethical Non-Monogamy: Navigating the Murky Waters of Trust, Jealousy and Passion</i></p>	<p>Rachael Herrington Roldan, Ph.D. and Andrea R. Gray, B.A. <i>Inference-Based CBT for Treating Obsessional Doubt: An Evidence-Based Alternative to Exposures in OCD-#1</i></p>	<p>Mary I Sullivan, MA, LPC, LPCC and Jennifer Svenneby <i>The Stories We Tell</i></p>
<p>3:15pm-3:30pm</p>	<p>Refreshments and Snacks Exhibit Tables Open</p>				
<p>3:30pm-5:15pm</p>	<p>Lodge Lobby</p>	<p>Pre-Function Grand Ballroom</p>	<p>The Hearth Room</p>	<p>Grand Ballroom A</p>	<p>Grand Ballroom B</p>
	<p>Registration</p>	<p>Exhibits</p>	<p>Eileen Spinner, LPC <i>The Story You Need to Tell – How Writing Stories Can Heal and Transform You</i></p>	<p>Rachael Herrington Roldan, Ph.D. and Andrea R. Gray, B.A. <i>Inference-Based CBT for Treating Obsessional Doubt: An Evidence-Based Alternative to Exposures in OCD-#2</i></p>	<p>Rose Walker, LPC-S <i>Understanding the links between Autism and trauma and how to help</i></p>





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	The Hearth Room				
6:00pm-9:30pm	Dinner Libby Fisher, MA, ATR, LPC (IL) and Marilyn Holmes, MA, ATR-BC, LPC (IL) <i>Art Therapy: Healing Exploration</i>				
Saturday, October 21, 2023					
	Lodge Lobby	Pre-Function Grand Ballroom	The Hearth Room	Grand Ballroom A	Grand Ballroom B
7:30am-8:00am	Registration				
8:00am-9:45am	Registration	Exhibits	Megan Bearden, LPC <i>Impact of Telemental Health Factors on Counselor Professional Quality of Life</i>	Julie Noyes, LPC <i>The Intersection of Religious Trauma and Domestic Violence and How Clinicians Can Empower Women</i>	Rebecca Padgett, MA/MS - LPC, NCC, MSL <i>Finding Wellness: Guideposts for an Invested Counselor</i>
9:45am-10:00am	Refreshments and Snacks Exhibit Tables Open				
10:00am-12:00pm	The Hearth Room Rick Strait, MS, LPC, NCC, CRDAC <i>Suicide Prevention Training- Missouri Suicide Prevention Network (MSPN)</i>				





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12:15pm-1:30pm	The Hearth Room				
	MMHCA Luncheon and Annual Meeting Exhibit Tables Open				
	Lodge Lobby	Pre-Function Grand Ballroom	The Hearth Room	Grand Ballroom A	Grand Ballroom B
1:45pm-3:30pm	Registration	Exhibits	<p style="text-align: center;">Laura Ann Gartin <i>Childhood Sexual Abuse Prevention</i></p>	<p style="text-align: center;">Dr. Melissa Spriggs <i>Extend your compassion and care for others to yourself! Practice and improve Mindful Self Compassion techniques.</i></p>	<p style="text-align: center;">Christopher E Anderson, CRADC, LPC, Ph.D, ACS <i>Virtue Ethics: Aspirational ideas for virtual practice, #1</i></p>
3:30pm-3:45pm	Refreshments and Snacks Exhibit Tables Open				
	Lodge Lobby	Pre-Function Grand Ballroom	The Hearth Room	Grand Ballroom A	Grand Ballroom B
3:45pm-5:30pm	Registration	Exhibits	<p style="text-align: center;">Kristin Kneedler, LPC-MO, LCPC-IL <i>Implicit Biases, Learn and conquer them.</i></p>	<p style="text-align: center;">Dr. Brian Sheble <i>How to Develop a Private Practice</i></p>	<p style="text-align: center;">Christopher E Anderson, CRADC, LPC, Ph.D, ACS <i>Virtue Ethics: Aspirational ideas for virtual practice, #2</i></p>

